



2022 IMPACT REPORT

Second Helpings is a nonprofit food rescue organization striving to eliminate hunger and food waste in Beaufort, Jasper, and Hampton counties. Our volunteers collect and distribute food, free of charge, to local food pantries, soup kitchens and family programs. We acquire funding to buy healthy food to supplement our food rescue efforts.

WE ARE PROUD TO PRESENT OUR 2022 IMPACT REPORT.

Supply chain and staffing challenges in the grocery industry caused first quarter 2022 rescued food to fall 9% below last year. But thanks to the generosity of our donors and the diligent efforts of our volunteers, our full year results surpassed last year's, enabling us to bring more food to the food pantries, soup kitchens, and other programs we serve.



3.2 MILLION

Pounds of food Rescued & Delivered

\$5.6
MILLION
Value



Meals Provided

2.7 million / 51,000
per year / per week



42

Food donors



51

Agencies supported

368 active, committed volunteers

Over 18,000
Hours Worked

82
New Volunteers



\$0.18

Our cost to rescue one meal

SECOND HELPINGS PROVIDES FOOD FREE OF CHARGE TO 51 FOOD PANTRIES, SOUP KITCHENS AND FAMILY PROGRAMS.

HUNGER HAS A LOCAL ADDRESS.

Twenty thousand people living in our community cannot afford all the food they need. This is known as food insecurity, when someone's economic situation prevents them from having access to enough affordable, nutritious food for a healthy life.

We're working with our agency partners to expand service to underserved areas. We're enlisting new agencies to distribute more food where it's needed.

We've added new food donors and are starting an innovative new tourist food rescue program on Hilton Head Island to collect more food.

And we're adjusting some of our truck routes and drop-off quantities to ensure that every pound of precious food goes to where it's needed most, as efficiently as possible.

OKATIE

Healing Waters Mission & Wellness Center runs a mobile food pantry. Two Saturdays per month, they and their volunteers load up a truck and drive to where the need is.

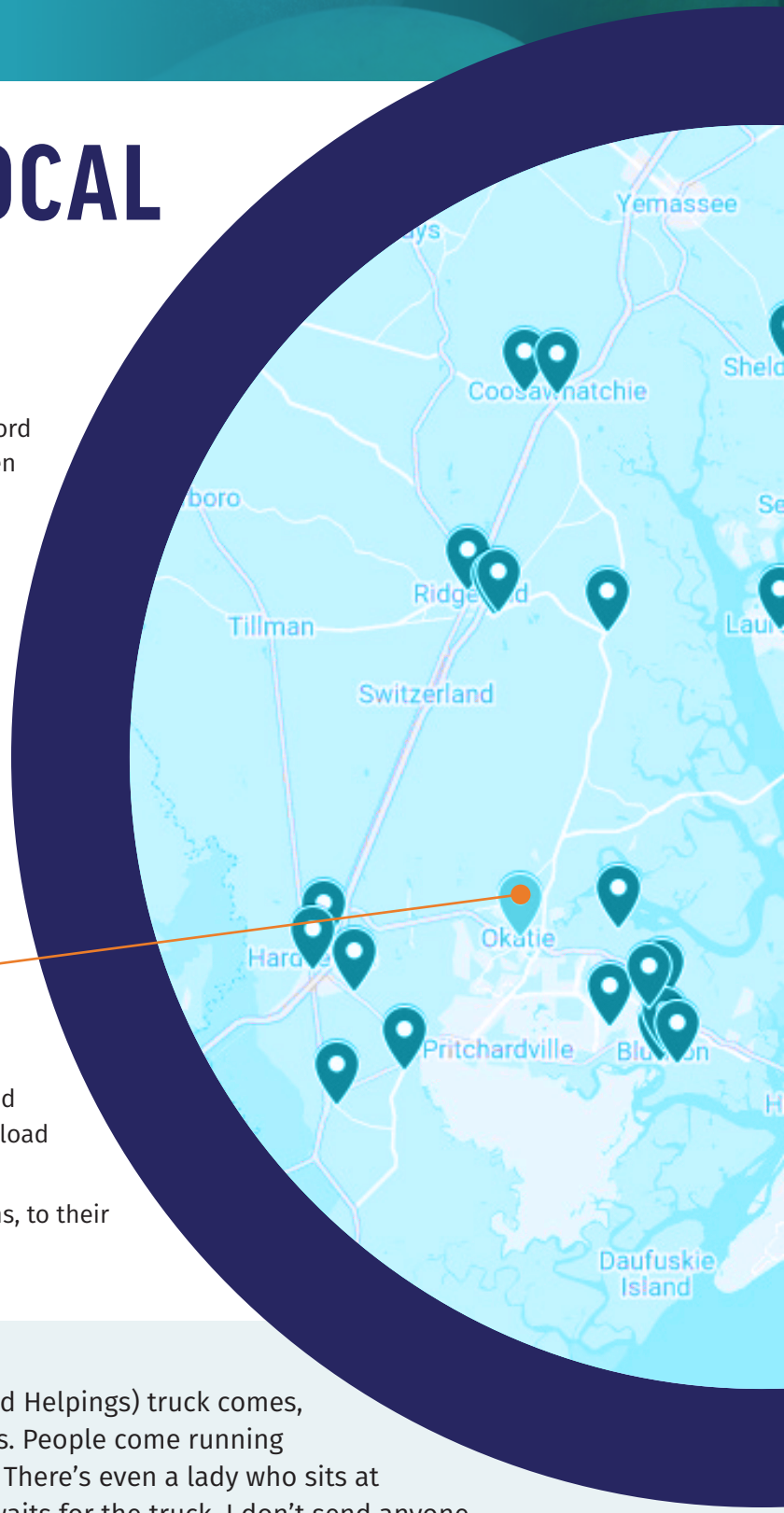
The agency added Okatie, home to 513 food-insecure persons, to their route – an important first step in meeting the need there.



When that (Second Helpings) truck comes, it is like Christmas. People come running from everywhere. There's even a lady who sits at her window and waits for the truck. I don't send anyone home empty-handed.

HELEN SCHULER,

St. Stephen's Food Pantry, Ridgeland



To learn more about each of our 51 agency partners, visit www.secondhelpingslc.org/agencies.

DOWNTOWN BEAUFORT

There are 1,400 food-insecure people in the Salvation Army's zip code.

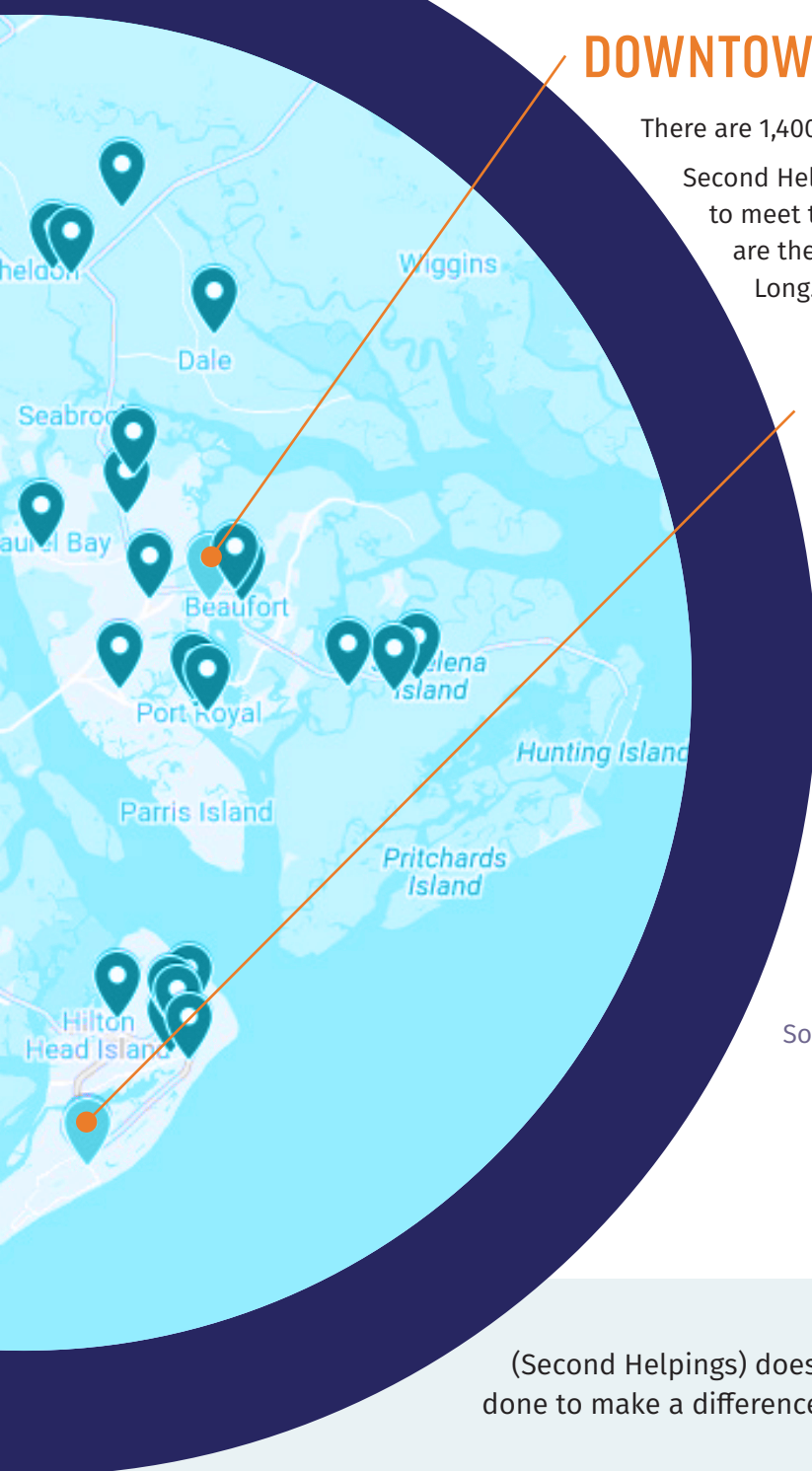
Second Helpings is working to double the food provided to this agency to meet the increased need in the area. For clients needing food, "we are their last line of defense," says Salvation Army Captain Wanda Long.

HILTON HEAD ISLAND'S SOUTH END

Tourists and new residents are frequently surprised to learn that poverty exists on Hilton Head Island. Three thousand island residents are food-insecure, along with many more who commute to work here. About a third of them live on Hilton Head's south end.

Holy Family Catholic Church and St. Andrew's by the Sea United Methodist Church are Second Helpings' agency partners on the south end of the island. This year, they will be joined by Providence Presbyterian Church. These agencies are working together to feed others needing help, especially in the Hispanic community.

Source of food insecurity data: Feeding America



(Second Helpings) does what needs to get done to make a difference in the lives of our neighbors in need.

NANNETTE PIERSON,

Sandalwood Community Food Pantry, Hilton Head Island





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Non-Profit
US Postage
PAID
Permit 44
Hilton Head, SC

FOLLOW US



RESCUING FOOD FOR OUR NEIGHBORS WHO NEED IT

MORE THAN 47 MILLION
POUNDS DISTRIBUTED
SINCE 1992.

To learn more or to donate electronically, please visit us at www.secondhelpingslc.org or scan the QR code below.



EMAIL

By providing your email address, you reduce Second Helpings' costs. Use this handy form to send us your email and we promise not to abuse your trust!

Name _____

Address _____

City / State / Zip _____

Phone _____

Email _____

Amount: \$10 \$25 \$50 \$100 Other \$ _____

Credit Card

Exp. Date

CVV

No goods or services were provided by Second Helpings in exchange for the contribution. Second Helpings is an exempt organization as described in Section 501 (c) (3) of the Internal Revenue Code; EIN 57-0938469.

USE THE FORM ABOVE TO MAIL BACK YOUR DONATION
AND PROVIDE YOUR EMAIL ADDRESS