



# 2023 IMPACT REPORT

Second Helpings is a nonprofit food rescue organization fighting hunger and food insecurity in Beaufort, Jasper, and Hampton counties. We use our fleet of trucks and community of volunteers to collect and distribute food, free of charge, to local food pantries, soup kitchens, and family programs for people in need. We acquire funding to buy healthy food to supplement our food rescue efforts.

*Every dollar donated enables us to rescue enough food for five meals or purchase a pound of supplemental fresh produce for our neighbors in need.*

## WE ARE PROUD TO PRESENT OUR ANNUAL IMPACT REPORT.

2023 was a record-breaking year. We rescued and distributed more food than in any other year, with more volunteers than ever.

This report also showcases the actions we're taking to serve more of the estimated 20,610 food insecure people in our community.

With your continued support, we expect another strong year in 2024.



# 3.4 MILLION

Pounds of food Rescued & Delivered

**\$** Including the value of rescued food, 99 cents of every dollar donated goes directly to hunger relief.

# \$6.1 MILLION

Value



## meals provided

2.8 million / 54,000  
per year / per week



# 47

Food donors

# 54

Agencies supported

## 468 active, committed volunteers

# 21,000

Hours Worked

# 137

New Volunteers



# 89,422

Miles driven  
That's 3.6 times around the globe!

# HUNGER HAS A L

## MEETING THE NEED, Neighborhood by Neighborhood

Leveraging data and cultivating productive relationships with our agency partners are at the heart of our approach. In the last year alone, eight new agencies were added where they're needed most. Our 54 agency partners serve approximately 10,000 persons in need every week.



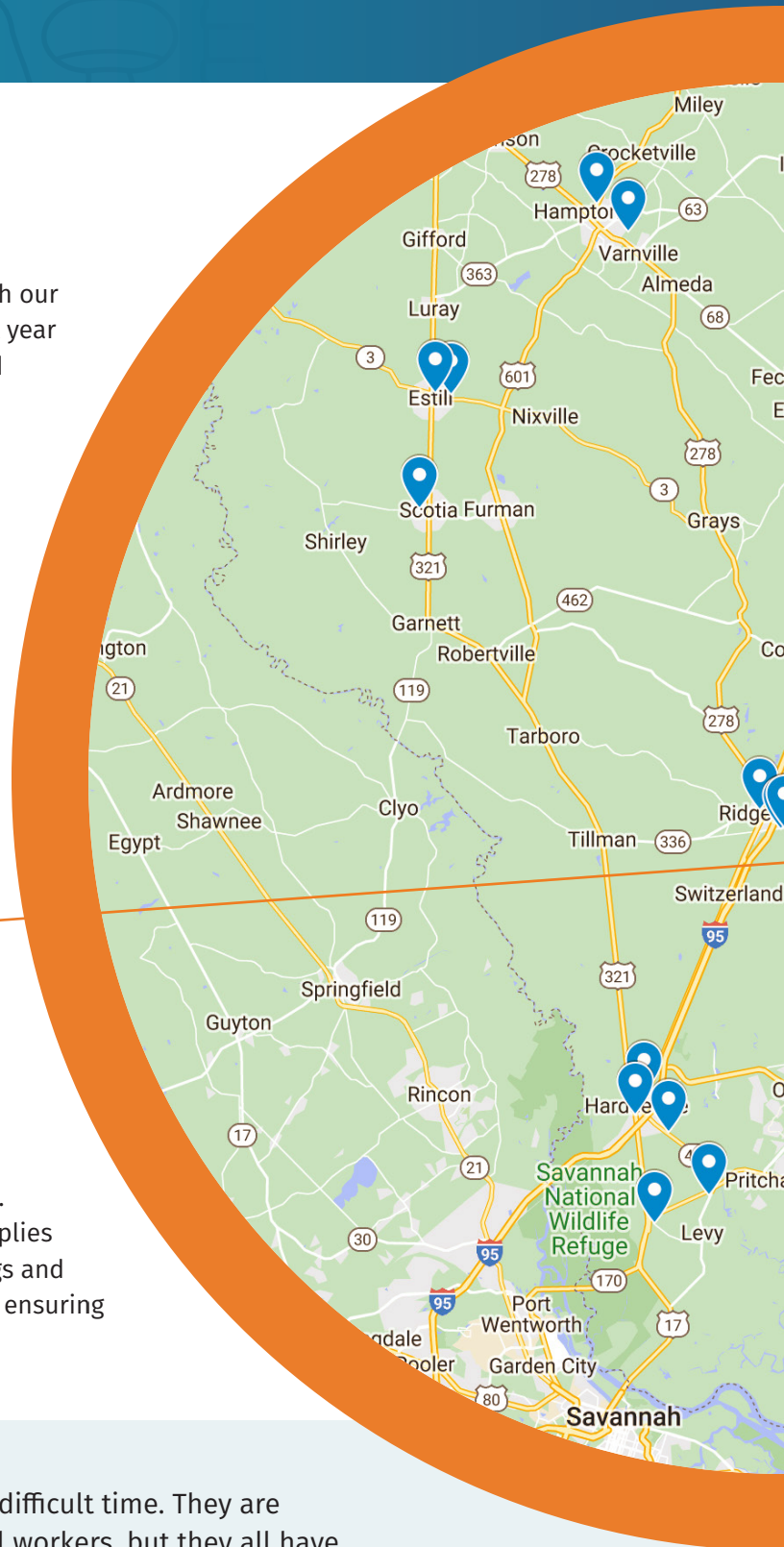
## LADY'S ISLAND: Building a Community of Agencies

Lady's Island, near Beaufort, is home to 14,000 people, including 1,270 who are food-insecure. Just one year ago, there was nowhere for residents in need to go to receive free food. In 2022, we went knocking on the doors of local nonprofits to create four new food pantries on Lady's Island. They are now serving over 400 people. Second Helpings supplies the food to all four pantries. With open doors in the evenings and on weekends, this collaboration provides food and stability, ensuring neighbors can meet their basic needs.

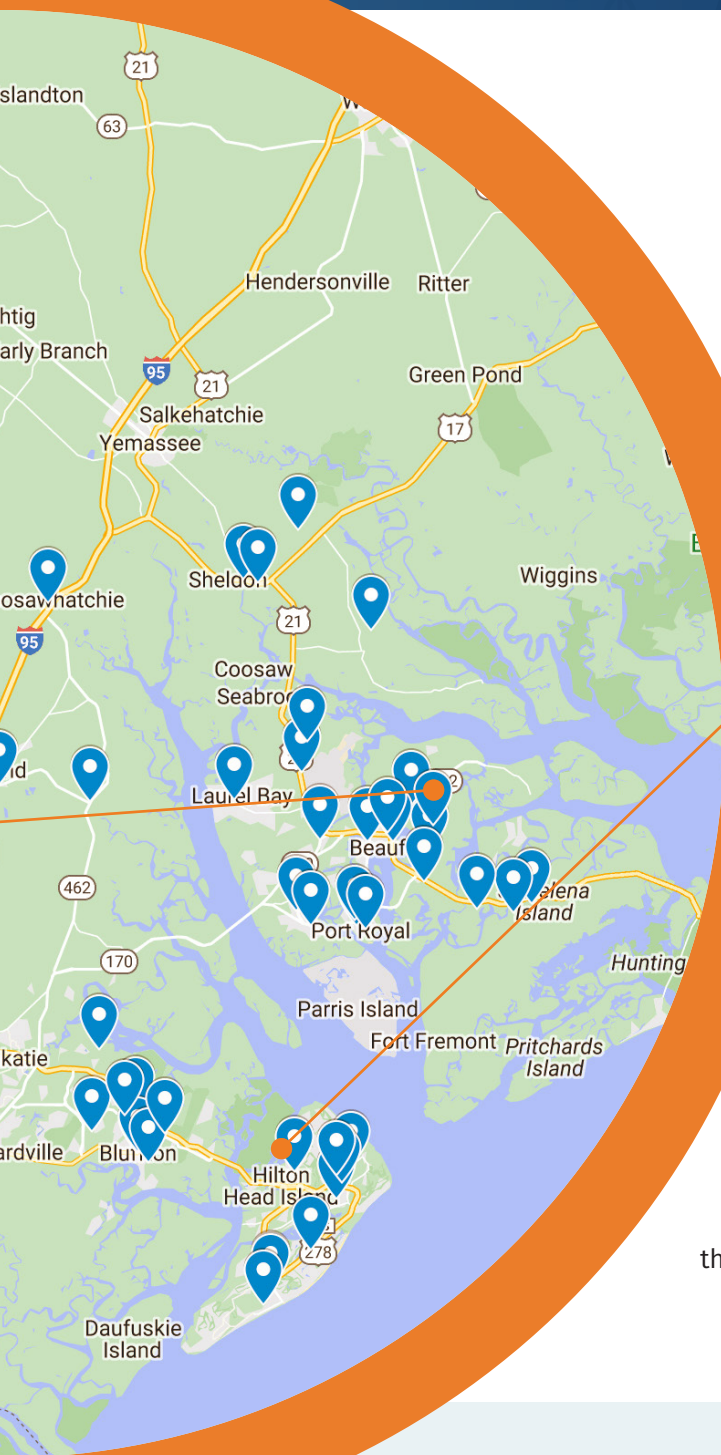


We are supplementing many of our families through a difficult time. They are working, maybe in between jobs, they may be seasonal workers, but they all have trouble making ends meet. And they are new to a food pantry due to the rising cost of food.

**TOM HLABAN, UNITARIAN UNIVERSALIST FELLOWSHIP OF BEAUFORT**



# LOCAL ADDRESS.



## HILTON HEAD ISLAND: Collaboration + Urgency = New Agency in Record Time

Christ Lutheran Church became our newest agency partner in January, serving mid-island residents who face transportation challenges and housing uncertainty. They are strategically located next to the 300-resident Chimney Cove Apartments, which is rented on a month-to-month basis to many who do not have the means or the time off to travel to a food pantry. The proximity enables easy access for these neighbors to receive free, fresh, and healthy food, with most Chimney Cove residents and an increasing number of other Hilton Head neighbors and commuters utilizing this resource.

The agency went from idea to execution in just two months. Its increasing popularity with other Hilton Head neighborhoods demonstrates its effectiveness in supporting residents and helping them stretch their budgets.

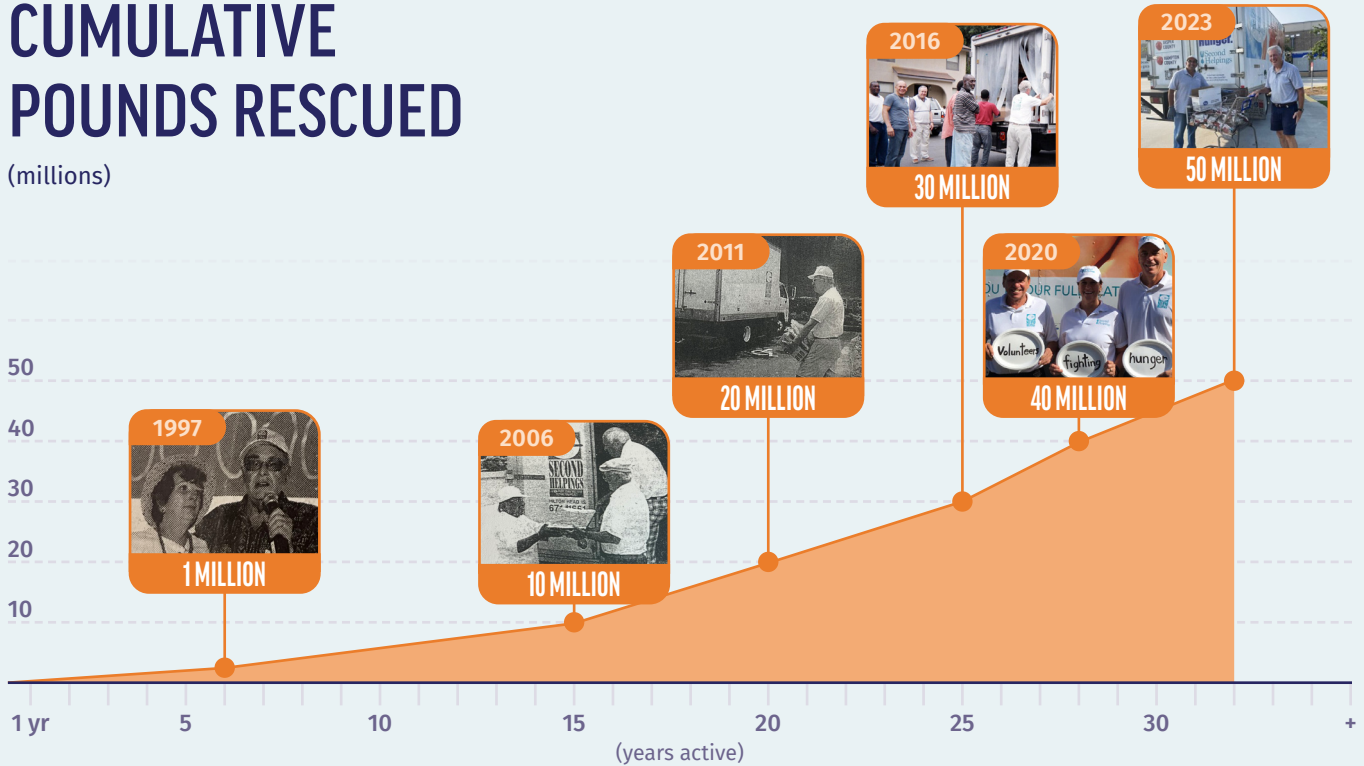


We feel so blessed to be able to help the people of Chimney Cove. We have been developing a relationship with the residents ever since the crisis that nearly led to their eviction in August 2022. This past November, Second Helpings approached us to distribute food in this part of the island. I believe it was really the Holy Spirit at work!

**JUNE WILKINS, CHRIST LUTHERAN CHURCH**

# CUMULATIVE POUNDS RESCUED

(millions)



## CELEBRATING 50 MILLION POUNDS OF FOOD

Second Helpings recently reached a major milestone - our 50 millionth pound of food since our start in 1991. Over the last 32 years, that translates into enough food for 40 million meals.

It took us 5 ½ years (1992 – 1997) to rescue our first million pounds of food. Now, it takes us about four months to rescue a million pounds of food.

We are grateful to our supportive and growing community of volunteers, food donors, and agency partners, who amplify our impact and reaffirm our dedication to our neighbors in need.



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**GIVE. ADVOCATE. VOLUNTEER.**  
**LIVE UNITED.** 

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